


August 2005

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Women's Aerobics 6:50 PM	2 Women's Exercise w/weights 8:30 AM	3 Men's Breakfast 7:45 AM Women's Aerobics 6:50 PM	4	5 Women's Exercise w/weights 8:30 AM Women's Aerobics 6:50 PM	6 Donuts & Coffee 9:00 AM Cards and Games 6:30 PM
7 Movie Night 8:00 PM (note time change)	8 Women's Aerobics 6:50 PM	9 Women's Exercise w/weights 8:30 AM	10 Men's Breakfast 7:45 AM Ladies Luncheon @ Campos Women's Aerobics 6:50 PM	11	12 Women's Exercise w/weights 8:30 AM Women's Aerobics 6:50 PM	13 Donuts & Coffee 9:00 AM
14	15 Women's Aerobics 6:50 PM	16 Women's Exercise w/weights 8:30 AM	17 Men's Breakfast 7:45 AM Women's Aerobics 6:50 PM	18	19 Women's Exercise w/weights 8:30 AM Women's Aerobics 6:50 PM	20 Donuts & Coffee 9:00 AM
21 Movie Night 8:00 PM (note time change)	22 Women's Aerobics 6:50 PM	23 Women's Exercise w/weights 8:30 AM	24 Men's Breakfast 7:45 AM Women's Aerobics 6:50 PM	25	26 Women's Exercise w/weights 8:30 AM Women's Aerobics 6:50 PM	27 Donuts & Coffee 9:00 AM
28	29 Women's Aerobics 6:50 PM Advisory Committee	30 Women's Exercise w/weights 8:30 AM	31 Men's Breakfast 7:45 AM Women's Aerobics 6:50 PM		