

October 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Ping Pong Partners 2:30 – 4:30 Activities Committee 4 :30 PM – 5:30 PM	2 Happy Talk Happy Hour 9:00 AM – 10:00 Golden Sneakers Dance Exercise 10:00 AM – 11:00 AM	3  8:00 AM – 1:00 PM
4	5 Ladies Canasta 12:15 PM - 4:30 PM	6 Clubhouse Cleaning 8:00 – 10:00 AM	7 Senior Chair Exercise 10:00 AM – 10:30 PM	8 Ping Pong Partners 2:30 – 4:30	9 Golden Sneakers Dance Exercise 10:00 AM – 11:00 AM	10
11	12 Ladies Canasta 12:15 PM - 4:30 PM 	13 Clubhouse Cleaning 8:00 – 10:00 AM	14 Senior Chair Exercise 10:00 AM – 10:30 PM	15 Ping Pong Partners 2:30 – 4:30	16 Golden Sneakers Dance Exercise 10:00 AM – 11:00 AM	17 Pink Store Get Together 12:00 PM
18 Harvest Potluck Dinner 5:00 PM 	19 Ladies Canasta 12:15 PM - 4:30 PM	20 Clubhouse Cleaning 8:00 – 10:00 AM	21 Senior Chair Exercise 10:00 AM – 10:30 PM Ladies Luncheon 11:30 AM Marie's  6:00 PM – 9:00 PM	22 Ping Pong Partners 2:30 – 4:30	23 Golden Sneakers Dance Exercise 10:00 AM – 11:00 AM	24
25 Djembe Drumming 2:00 PM –5:00 PM	26 Ladies Canasta 12:15 PM - 4:30 PM	27 Clubhouse Cleaning 8:00 – 10:00 AM	28 Senior Chair Exercise 10:00 AM – 10:30 PM Board Meeting 2:45 PM – 4:00	29 Ping Pong Partners 2:30 – 4:30	30 Golden Sneakers Dance Exercise 10:00 AM – 11:00 AM	31 